

Unit Organizer

Football

Performance Assessments:

Teacher Observations
Skills Assessments

Standards Met

Standard 1 Demonstrates competency in a variety of motor skills and movement patterns.

Standard 2 Applies knowledge of concepts, principles, strategies, and tactics related to movement and performance.

Standard 4 Exhibits responsible, personal and social behavior that respects self and Others.

Standard 5 Recognizes the value of physical activity for health, enjoyment, challenge, self expression, and/or social interaction.

Essential Questions :

What are the offensive and defensive positions?

Learning Target

1. I can tell the nature of the game.
2. I can perform basic fundamental skills.

Unit Map

Is about...

1. Learning the basic rules and fundamentals to participate in this activity.
2. Having the ability to view a football game and understand the basic concepts of the game.

Nature of the game

1. Playing area
2. Rules/terminology
3. Scoring

Fundamental skills

1. Throwing
2. Catching
3. Kicking
4. Running
5. Blocking

Game strategy

Offensive tactics
Defensive tactics

Game Variations

Flag.
Touch

Pacing

4 - 6 Class periods

Vocabulary

Line of scrimmage
Downs
Kick off